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LONDON

NAD+  
INFUSION  
THERAPY

18 Dover Street | Mayfair | London W1S 4LT  
Telephone +44 (0)20 3967 6969  
medical@lhtac.com  
www.lhtac.com

# NAD+

NAD+ stands for nicotinamide adenine dinucleotide. The molecule has two forms – one active and one inactive. In its active form it is known as NAD+ and in its inactive form as NADH. It plays a role in converting food into energy, maintaining DNA integrity, and ensuring proper cellular function and repair. Yet humans only have the ideal level of NAD+ at birth, which we need as a particularly important coenzyme to fuel the body's metabolic activity and hence energy production. As we age, the level of NAD+ in our bodies naturally declines. This leads to our mitochondria being undersupplied, which impairs the way they function and results in dying cells, and we age.

Administering NAD+ by infusion provides safer, faster, and more effective results than when ingested orally. Only this form of treatment ensures one hundred percent bioavailability, enabling the body to regenerate with maximum effectiveness. The benefits include:

- General well-being increases
- Maintains cognitive functions (focus, memory, concentration, comprehension).
- Activates the brain's neurological function
- Raises energy levels
- Stimulates the metabolism
- Regenerates cells (repairing damaged DNA)

## NAD+ AT LANSEPHOF CLINIC LONDON

At Lanserhof Clinic London, we work holistically to resolve, prevent, and optimise your health to reach your true potential. Studies have shown that restoring levels of NAD+ in your cells has benefits for your brain and body. It will help you repair DNA, protect brain cells from damage, reduce inflammation and prevent ageing.

We offer single IV infusions of NAD+ as well as packages for optimum benefits. Please see the following details:

## SINGLE INFUSIONS

LOADING DOSE – 62.5mg (60 – 90 mins)

Non-members	£215
Members	£185

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SINGLE DOSE – 250mg (90-120 mins)\*

Non-members	£450
Members	£385

\*Most suited to those who have suffered side effects from intravenous NAD+.\*

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SINGLE DOSE – 500mg (120-180 mins)

Non-members:	£700
Members:	£595

## PACKAGE'S NAD+ INFUSIONS:

STARTER NAD+ PACKAGE

- 1 x 62.5mg NAD+ Infusion
- 2 x 250mg NAD+ Infusion

This package is ideal for those beginning their NAD+ journey and for those who wish to trial the benefits and effects prior to committing to a full programme.

Non-members:	£1,000
Members:	£850

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NAD+ MAINTENANCE PACKAGE

- 4 x 500mg NAD+ Infusions

This package is recommended to those who have begun their NAD+ journey and which to maintain the effects they have received.

Non-members:	£2,500
Members:	£2,125

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NAD+ EXECUTIVE PACKAGE

- 10 x 500mg NAD+ Infusions

Maintaining a high level of constitutive NAD+ in the body is critical for maintaining health and functionality. This package will allow you to maintain all the benefits you gain from Intravenous NAD+.

Non-members:	£6,000
Members:	£5,100

We can also offer IV infusion therapy programmes that are longer, more intense versions of our single infusions. They're ideal for those looking for a more effective and longer-lasting result. Instead of receiving one single IV infusion, you'll experience multiple IV infusions over a few weeks. Whether you're looking to fight chronic fatigue, boost your immune system or IV therapy can help you become the very best you can.